

# Presentation

## № 11-2011

# Alcohol Abuse in Russia

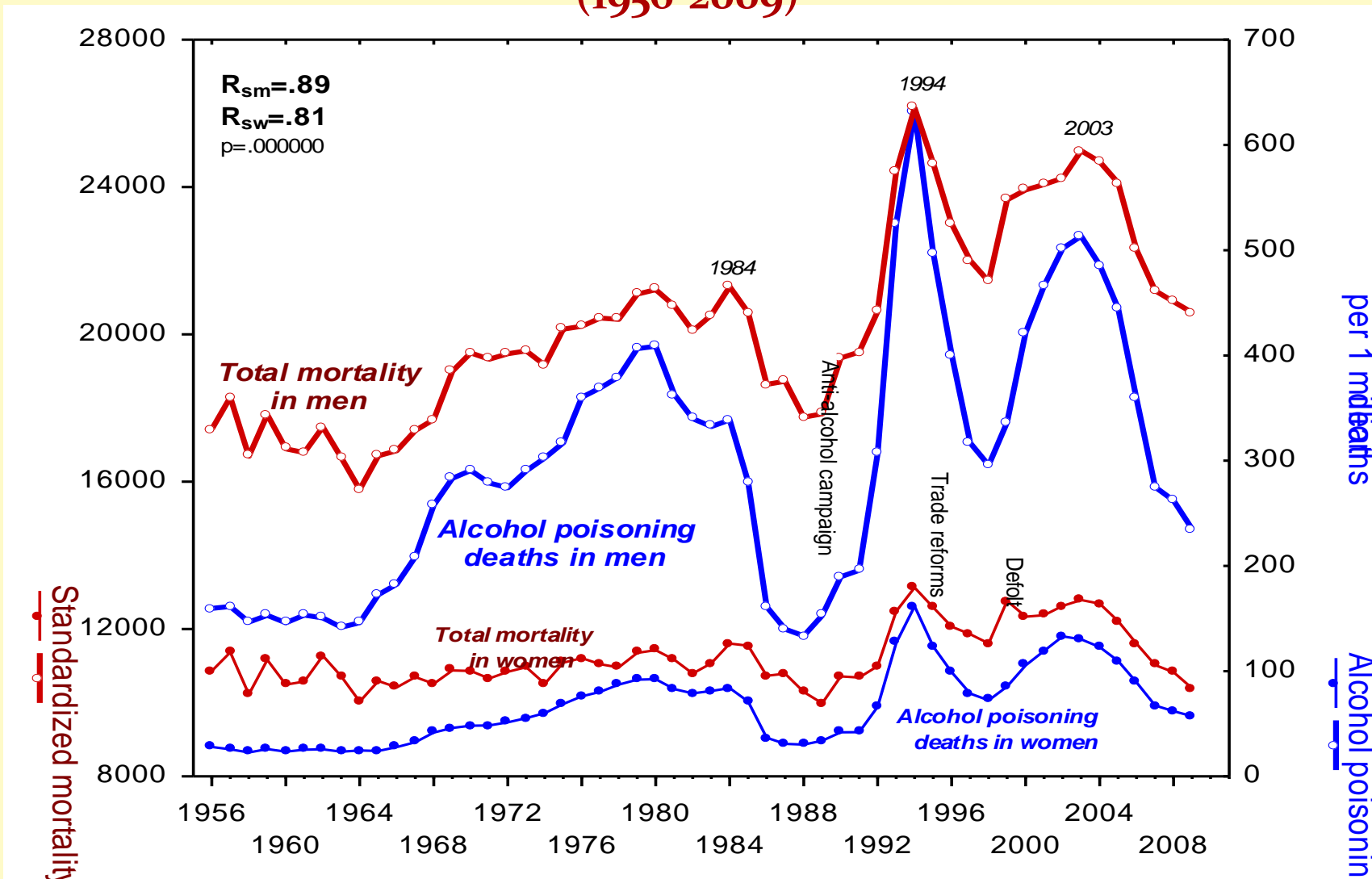
Alexandr Nemtsov

Moscow Research Institute of Psychiatry

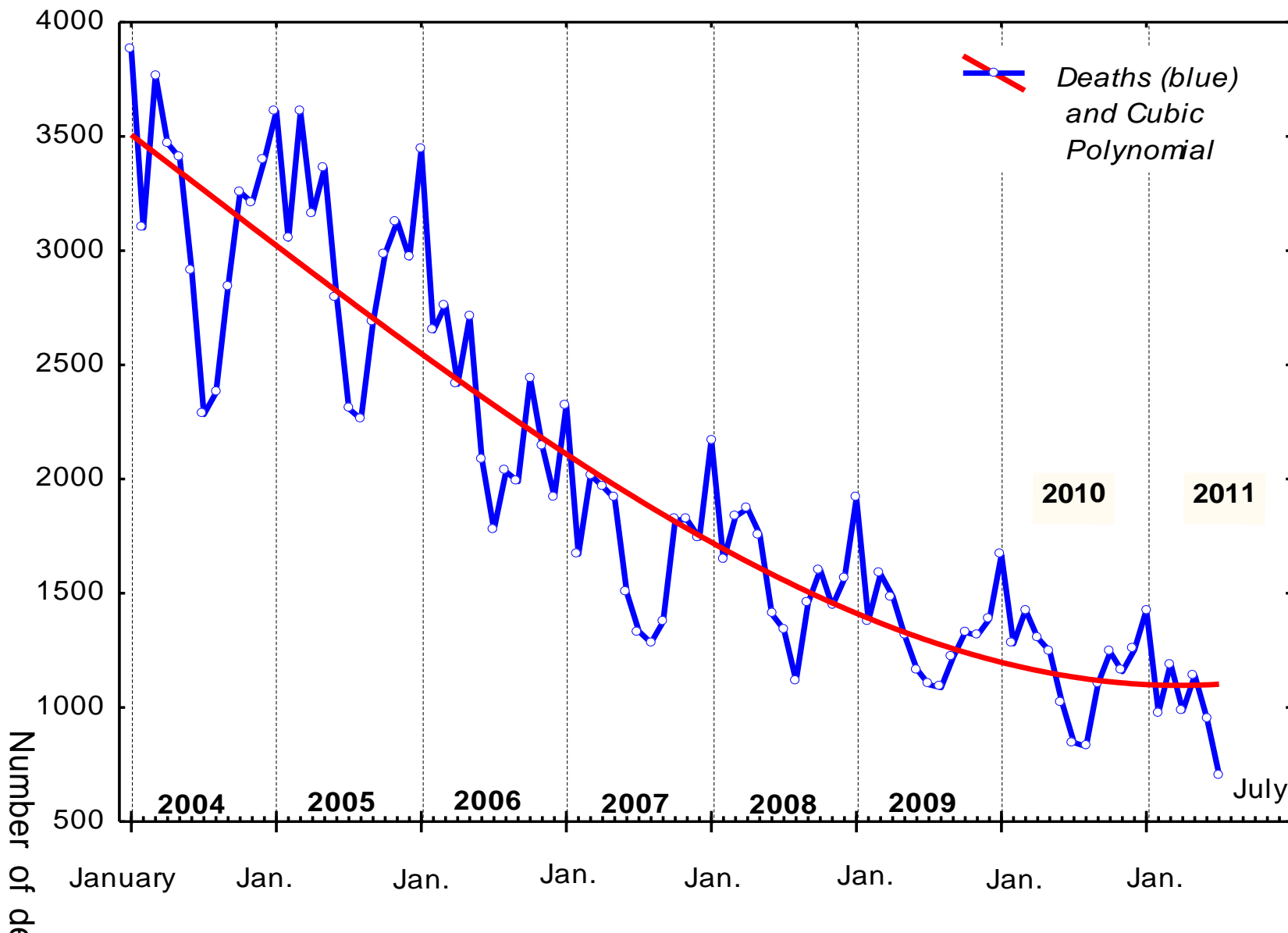
# Diagnoses of alcoholic deaths in Russia (1980-2007; average values)

Kinds of mortality (diagnoses)	Males		Females	
	Per 100000	% to total mortality	Per 100000	% to total mortality
<b>Total</b>	<b>522,2</b>	<b>23,9</b>	<b>175,0</b>	<b>15,0</b>
<b>Cardio-vascular</b>	251,7	<b>20,6</b>	109,7	<b>13,6</b>
Gastrointestinal	14,0	23,7	4,2	15,2
Respiratory system	41,7	32,0	8,0	20,5
<b>External causes</b>	155,3	<b>51,5</b>	30,4	<b>42,1</b>
Suicides	27,7	44,5	2,4	20,3
<b>Homicides</b>	23,7	<b>73,4</b>	6,1	<b>62,9</b>
Traffic incidents	8,1	19,3	1,2	14,0
Liver cirrhosis	8,6	34,1	3,4	28,3
Pancreatitis	2,4	34,1	0,3	10,3
Alcohol poisoning	35,1	100,0	8,6	100,0
<b>Damage without qualification</b>	17,1	<b>49,9</b>	4,3	<b>54,3</b>
<b>Not defined status</b>	34,7	<b>67,2</b>	20,4	<b>60,6</b>
<b>Total in thousands</b>	<b>351.7</b>		<b>135.1</b>	
	<b>486.8</b>			

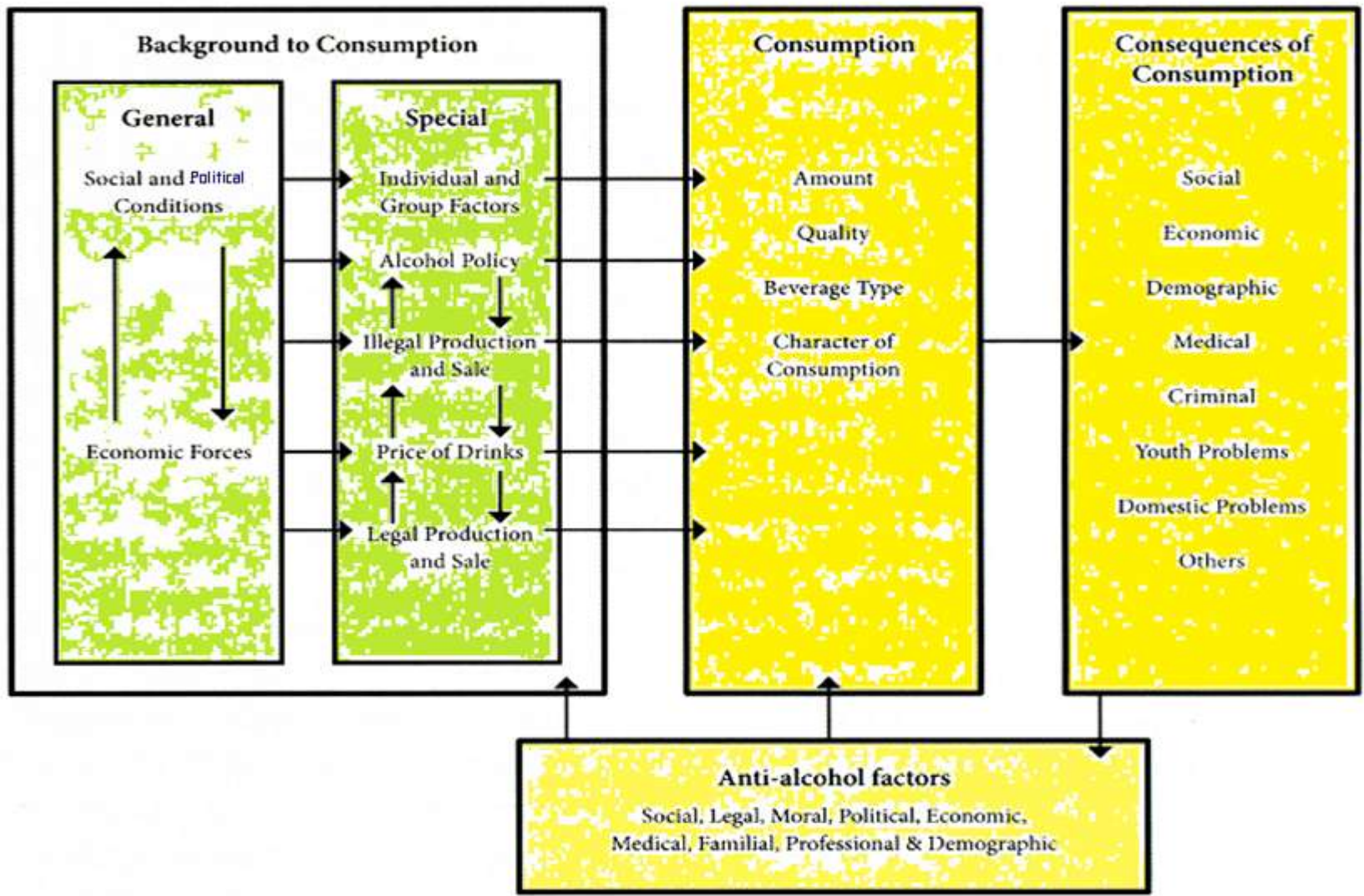
# Total mortality and mortality with alcohol poisoning (1956-2009)



# Mortality with alcohol poisoning (per month)



# Elements of the alcohol situation



# POVERTY

# INCOME SOCIAL LEVELS

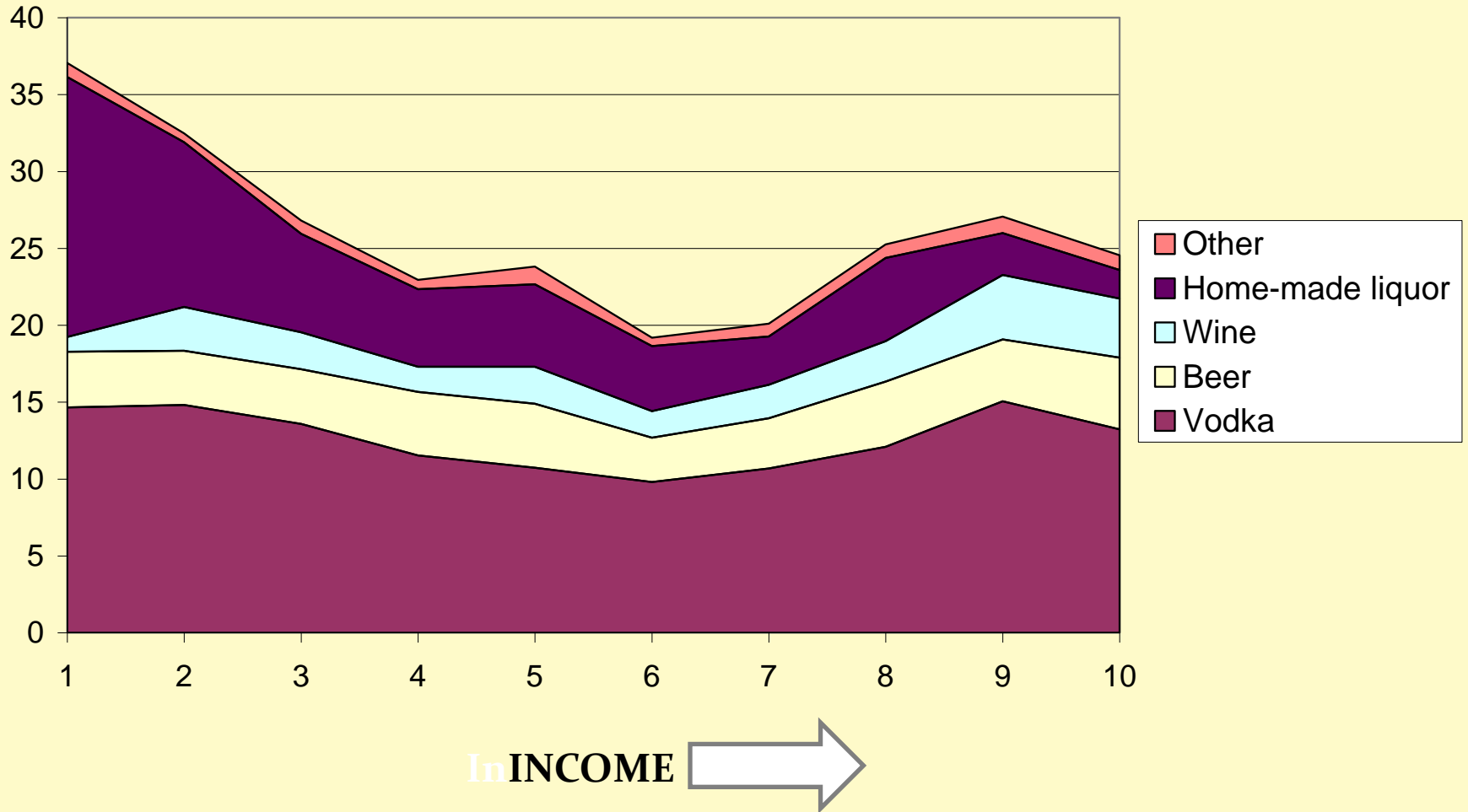
Enough money for..., (VЦИОМ (ВЦИОМ), 2007 )

**Enough for anything.....<1%**  
**Enough for anything except car,  
apartments, and country house.....12%.**

**P  
O  
O  
R** | **Enough for food but  
difficulties with clothes..... 42%**

**dirt-  
poor** | **Enough for food, no money for clothes...32%**  
**Not enough for food..... 9%**

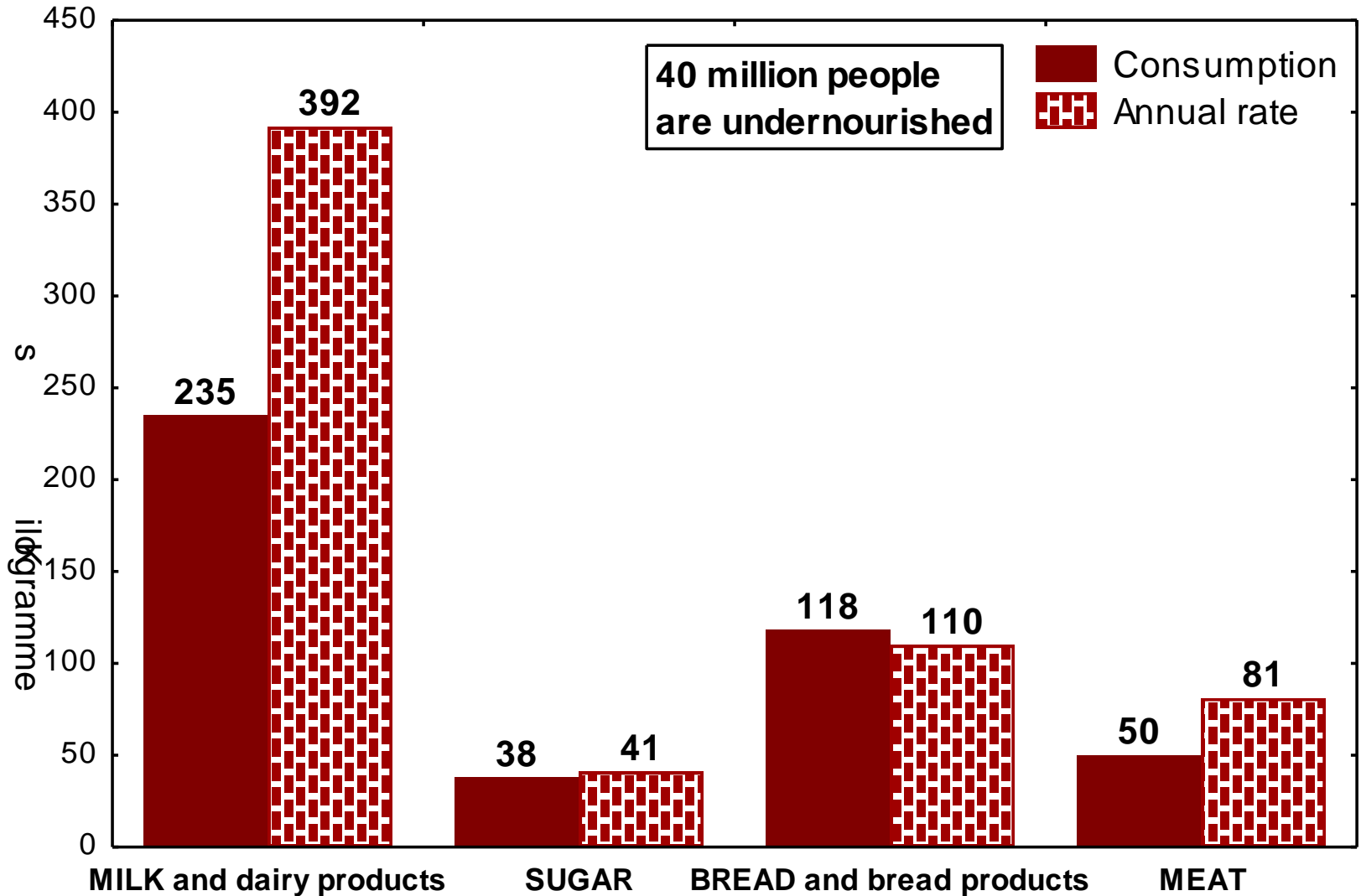
## Structure of alcohol consumption by income deciles, g ethanol per day, RLMS 11 round





# **POOR NUTRITION**

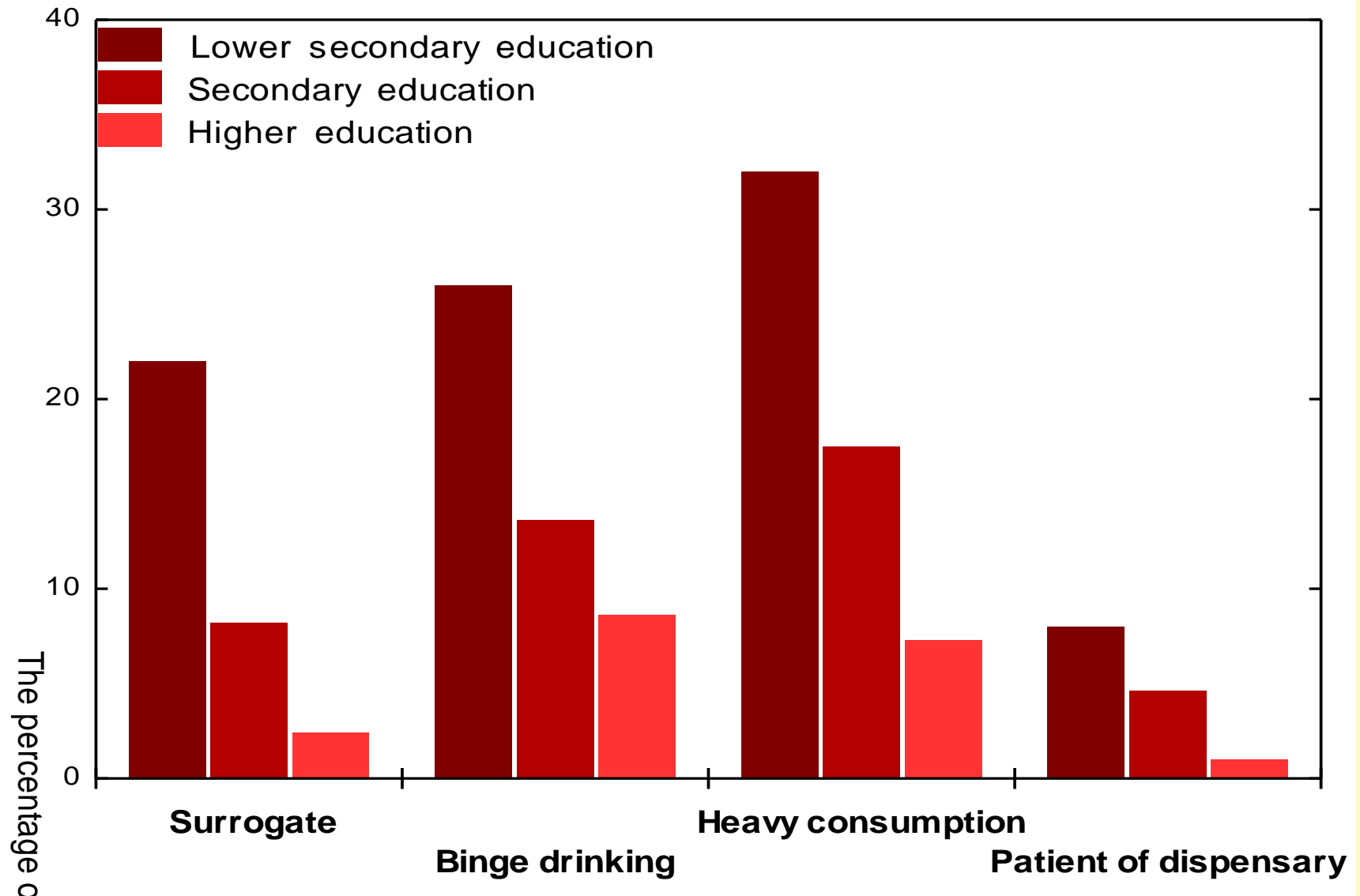
## Nutrition of the population of Russia



(Ministry of Agriculture and Institute of nutrition)

# LOW CULTURE

# Alcohol problems and education



**LOW COST**  
**and ABUNDANCE**  
**of ILLEGAL ALCOHOL**  
**(35-60% ALCOHOLIC BEVERAGES)**

**Minister of Home Affairs R. Nurgaliyev announced that in 2009:**

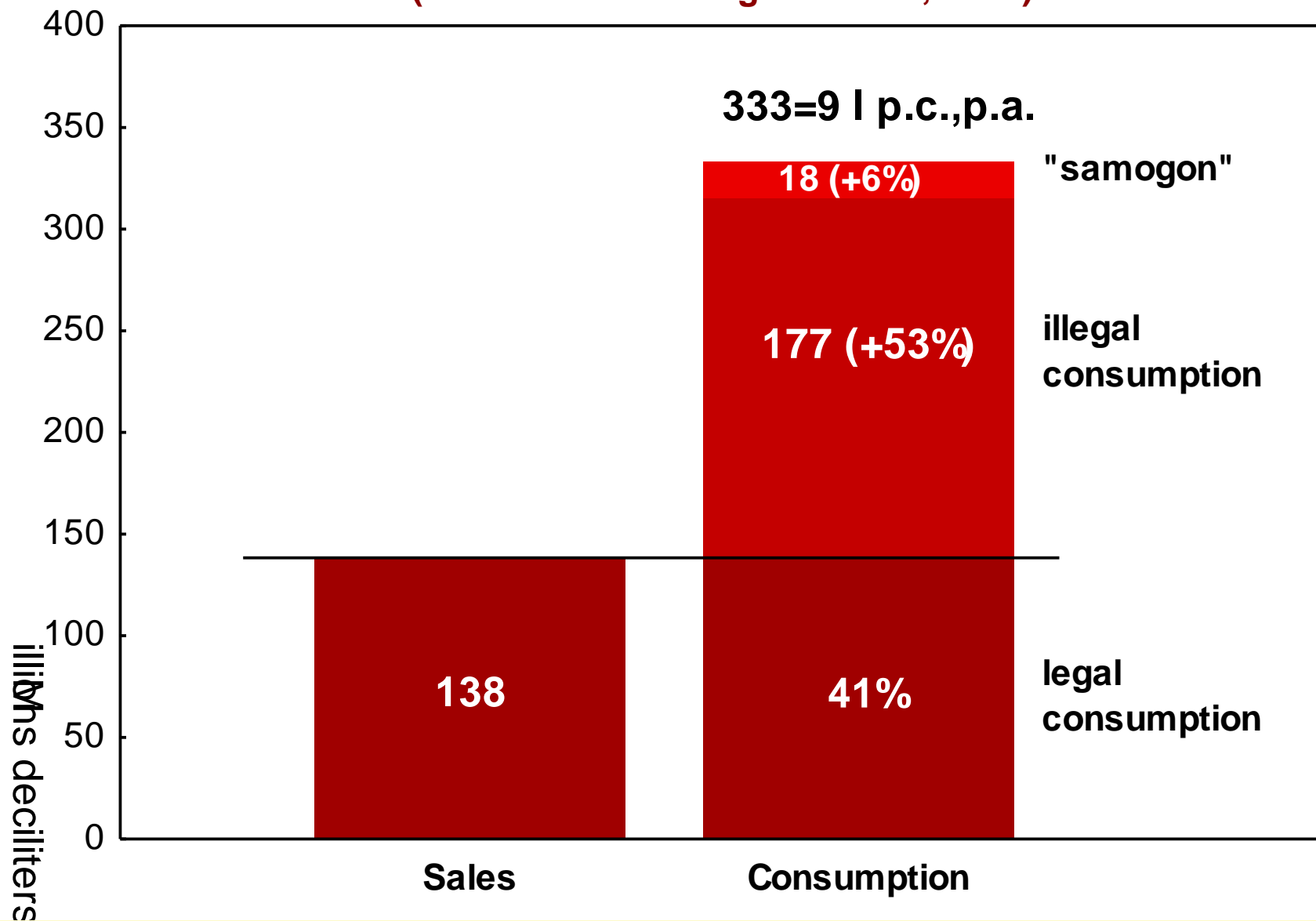
**7 million litres of alcohol surrogates  
were seized,**

**601 underground shop on manufacture  
of alcohol surrogates were eliminated,**

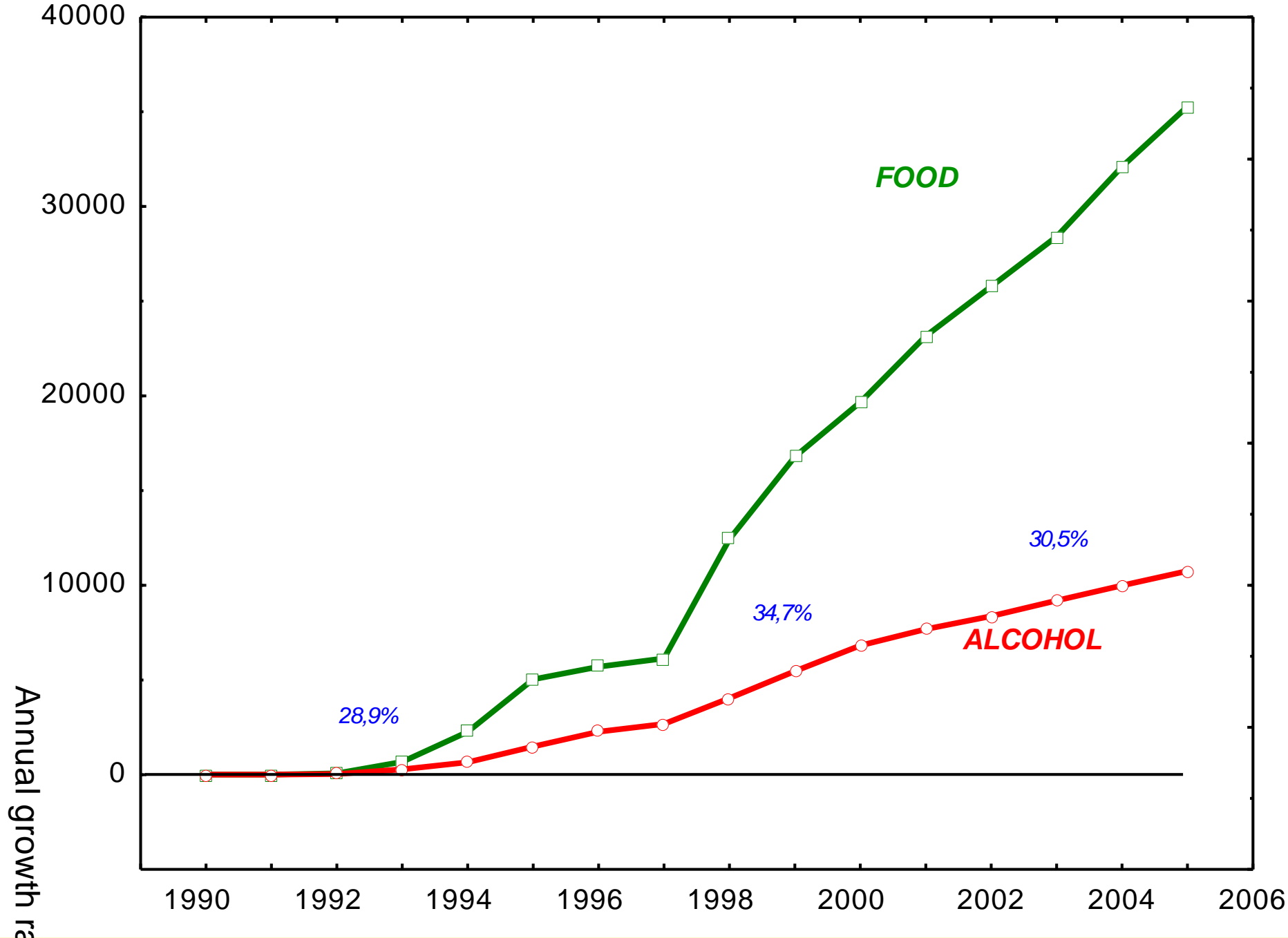
**192,000 offences were found in the  
production and sale of alcoholic  
beverages**

# Sales and Consumption of Vodka

(Russian Accounting Chamber, 2003)



# Ratio of the prices of foodstuffs and alcoholic beverages





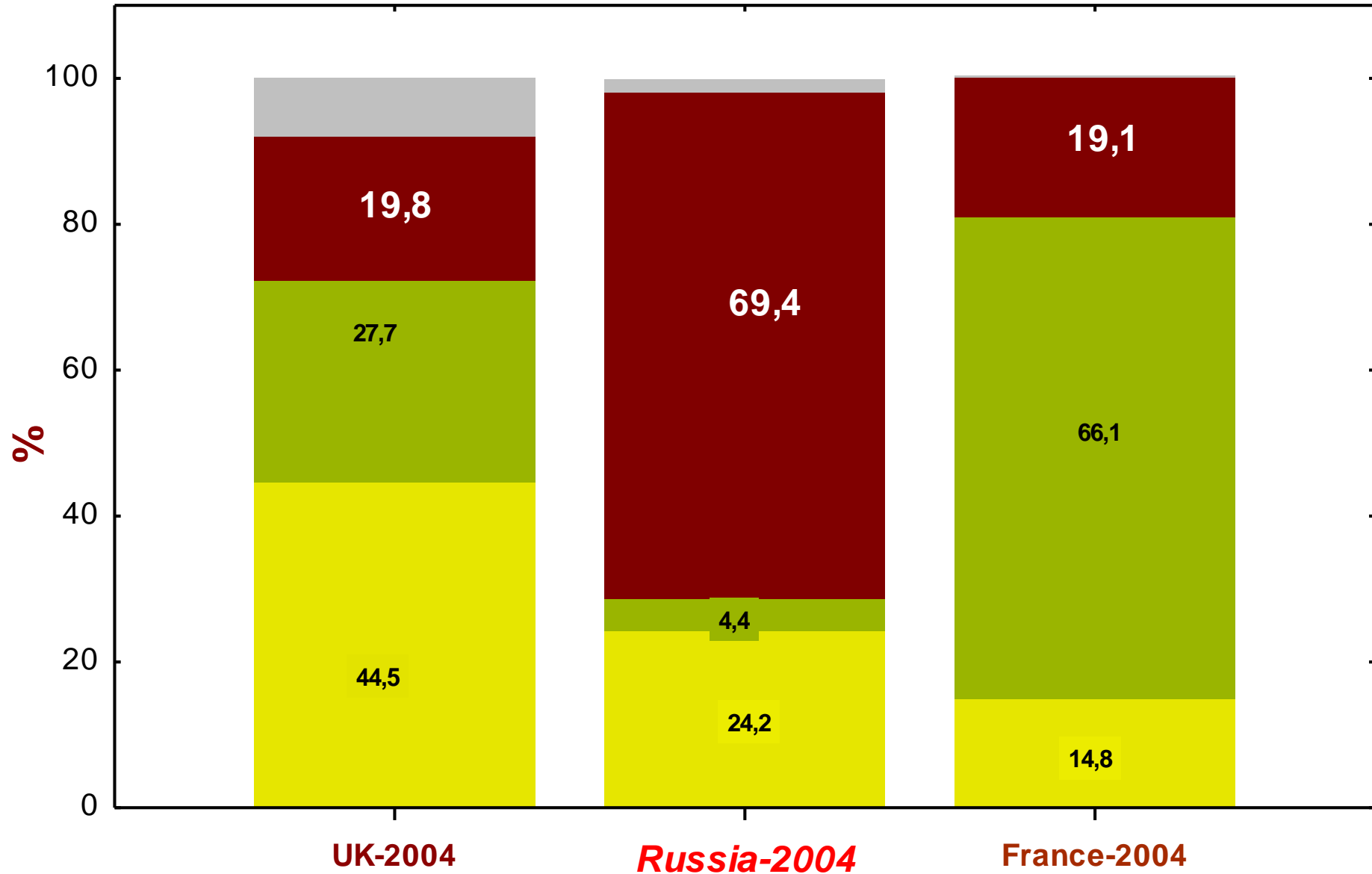
# **THE DOMINANCE OF STRONG DRINKS**

**(Up to 80% of TOTAL ALCOHOL  
CONSUMPTION)**

# Structure of consumption of alcoholic drinks

Файл с сайта [www.mednet.ru](http://www.mednet.ru)

Other drinks Strong drinks. Vine Beer



# WE DO NOT KNOW:

- **real consumption** of alcohol
- amounts of **illegal** and shares of **strong beverages**
- **levels of corruption** in manufacturing and sales of alcohol beverages
- **risk groups** for alcohol and **reasons** for their drinking
- real economic and social **damage due to drinking**

# It is necessary:

- expand the network of emergency and resuscitation services,
- restore closed institutions for alcoholics miscreants public order, compulsory treatment,
- expand the network of hospitals for anonymous and free treatment of alcoholics,
- open institutions for rehabilitation of alcoholics after the forced or voluntary treatment in hospitals,
- train doctors and nurses of primary identifying patients with somatic alcoholic pathology; to recall these patients in connection with alcoholic excesses refer them to treatment clinics,
- to create the district dispensaries units to gather information about alcohol abusers,
- a special anti-alcohol education in schools, colleges, institutes,
- to educate the public through the media and especially through the TV,
- prohibit the advertising of all alcoholic beverages on TV.

**Thank you  
for your  
attention**

**«...Объём обиды превосходит  
Объём посуды со спиртным».**

**Фазиль Искандер**

**More pain than the glass of  
spirits  
would keep inside.**

**Fazil Iskander**

**“ Главным критерием эффективности власти является кладбище ”**

**Г.Г.Онищенко**

**«Известия» 28.02.07**

**"The main criterion for effectiveness of authorities is the cemetery"**

**G.G.Onish'enko**

**«Izvestia» 28.02.07**





*Некто сказал:*

*Ад в России есть та же  
реальность, только без водки*

*Someone said:*

**Hell in Russia is  
the same reality, only  
without vodka**